

Sulṭān al-Awliyā'  
Grandsheikh 'Abdullāh Fā'iz ad-Daghistānī  
*may Allāh sanctify his blessed soul*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

IN THE NAME OF ALLAH  
THE ALL-BENIFICENT, THE ALL-MERCIFUL

# MERCY OCEANS

BOOK TWO



**WINTER LECTURES**

1400 H. (1980 A. D.)

The Teachings of  
Mevlana Sheikh  
Abdullah Ad-Daghistani An-Naqshbandi  
May Allah Sanctify His Blessed Soul

As expounded upon by our Master  
Mevlana Sheikh  
Nazim Adil Al-Haqqani An-Naqshband

The Cyprus Library  
Centre for the Registration of Books and Serials  
documents the following edition  
ISBN 978-9963-40-001-0

First Edition 1980  
© 1980 by  
Sheikh Nazim Adil al-Ḥaqqānī al-Qubrūsī

2008  
ISBN 978-9963-40-001-0

by Spohr Publishers Limited, Dali/Nicosia, Cyprus  
[www.spohr-publishers.com].  
Print and binding: Krips B. V.  
Printed in the Netherlands.

## TABLE OF CONTENTS

Introduction .....	9
Signs of real faith .....	11
You shall be tried .....	12
Importance of enduring troubles .....	13
Look not to the faults of others / How to become free of bad character .....	14
Belief in the unseen .....	16
The need for a guide .....	18
Every action as if it were your last .....	21
Remembering death / The way of high aspiration .....	22
Fighting your own personal Satan .....	24
‘Aqil wa tawakkil – Trust in God but tie your camel first .....	26
The need for training / Avoid argument .....	27
Address the good side of people .....	29
Importance of leaving forbidden and disliked actions .....	31
Our teaching comes from prophets / Respect for food .....	32
Importance of washing the body .....	34
Why Sayyidinā ‘Ali was riding a mule .....	35
One must be humble .....	36
Protect and respect The ways of the prophet .....	37
About looking .....	38
Remove the teeth of your dragon .....	40
The most acceptable worship .....	42
Allah protects those who pray .....	44
Who is stubborn can’t enter paradise / Women in Islam .....	45
Faith that moves mountains .....	48
Respect for food: The prophet and the dried barley bread .....	49
On learning and practicing what one has learned .....	51
Don’t be a prisoner of enjoyment .....	52

Two kinds of action /	
Story of Sayyidinā Ibrāhīm and the flocks .....	54
Sultans are very few .....	56
Parable of the squash vine and the cypress tree .....	57
Are you mad? .....	59
Signs of a murshid .....	59
Thinking / Real life .....	61
All actions for the divine face /	
Reality, not philosophy in Islam .....	65
Following a perfect example .....	67
Why we prefer Islam .....	69
The safety of Shām .....	70
Qur'an: Fountain of knowledge .....	71
Be listener .....	73
Surrender to one's Sheikh .....	74
Facing trials gratefully /	
Abū Bakr, 'Alī, and the thousand monks .....	75
Curing spiritual disease / Khalwah – seclusion .....	77
Our homeland is heavens .....	80
Importance of final outcome .....	82
Day of promises / Reward according to intention .....	83
«I am a dustbin, don't worry» .....	85
Don't boast .....	86
Muhyiuddin and the angel .....	87
Wearing turbans .....	89
Defeat as reminder .....	89
Allah creates causes .....	91
Don't say: impossible .....	92
Who carries Qur'an? .....	93
Everyone will be with his beloved friend .....	94
No creation in vain .....	96
Bahlūl's conversation with the private toilet of the Sultan .....	97
What is belief? .....	99
Bahlūl and the paradise palace .....	101
Ladies must obey husbands .....	102
Who to follow? .....	103
The way of azeemat / Allah's beauty oceans .....	104

The mureeds who tested their love for each other .....	106
How divine attributes differ from ours .....	107
Attributes of lovers – Layla and Majnūn .....	108
Make do with less .....	109
Advice on health and marital relations .....	111
«The god you worship is beneath my feet» .....	112
Humbleness / Who carries a snake will be bitten .....	114
That which begins as dirty water	
and ends a decayed body can be proud? .....	116
Oh my donkey! .....	118
Don't be angry .....	120
Ravages of envy .....	121
To resist temptation .....	122
Intercession .....	123
On thankfulness .....	124
The man who never got angry .....	126
Power of good words / Madhhabs in Islam .....	127
Murshid tricks nafs / Don't see sinners as animals .....	129
Sit at the back of the assembly .....	131
Affirming weakness .....	132
Don't break hearts / Assume the best .....	132
Your first responsibility is yourself .....	134
Allah's endless mercy oceans .....	135
Endless troubles .....	136
Islam is dynamic not passive / About sleeping and eating .....	136
About non-Muslim ancestors .....	139
Western 'sufi' groups going around in circles .....	140
For new Muslims: be a real Muslim .....	142
A smile is charity .....	143
Respecting mankind .....	143
Meetings .....	144
Importance of marriage .....	145
More on meetings .....	147
Being fully present .....	148
Bayazid's 24,000 expansions .....	149
What to expect in the grave .....	151
The story of the gravedigger .....	152

Naqshbandi Tariqat setting limits for ego's desires .....	154
Travelling, the way of all prophets .....	156
Covering badness .....	158
For those denying tariqats .....	160
Who is an unbeliever? .....	161
Speaking the holy name of Allah .....	162
Always ask for more knowledge /	
The soul's capacity is endless .....	163
Keeping the eyes, the tongue, the limbs .....	164
Following like a shadow and the story of the barrel of wine .....	167
A method in our way .....	169
Pride and manners at metting .....	170
The wisdom behind Satan /	
Nothing created without benefit .....	172
Dhikr – remembering God .....	175
The value of this world .....	176
On visiting graves .....	178
A lesson from a meeting in the spiritual world /	
What gives a man dishonour? .....	179
Controlling anger and passion .....	183
The advice of satan and people of advanced thinking .....	185
Presence in worship / Muhammad, the Last Prophet .....	188
Muhammad, Peace Be Upon Him .....	189
Avoiding fitnah / Grandsheikh's tales /	
Improving day by day .....	191
Turning the other cheek / A story of Mevlana Khālid .....	194
Belief in the hereafter .....	199
The position of the Naqshbandi order .....	202
Allah looks to our hearts and actions .....	208
Be pleased serving for Allah's sake .....	210
Laziness .....	212
Marriage .....	214
Glossary of Arabic terms .....	217



## INTRODUCTION

We are going to speak from our Grandsheikh's lectures, as he was a representative of the Holy Prophet in our time. Every Wali, saint, must be a representative of his Prophet in his own time. They are masters for teaching people the Ways of Allah Almighty. Each one of mankind is going towards his Lord, but each has a private and different destination. Everyone must know his destination. The Awliyā', saints, have lights in their hearts; they are not blind. For most people, their heart's eyes are veiled. But Awliyā' have taken off the veils and, like Prophets, may look to the future. With their light, they may help people to their destinations, as Allah Almighty says to His Prophet, Muhammad, in the Holy Qur'an:

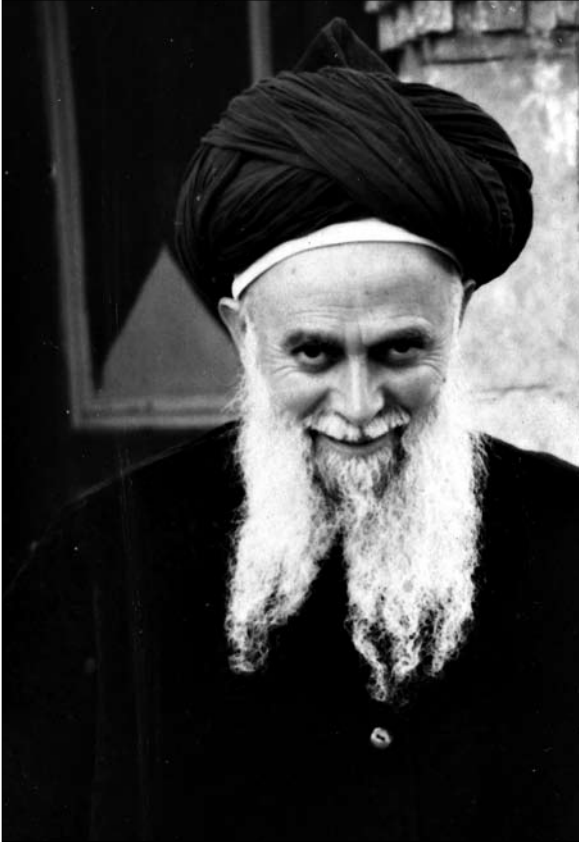
*«Say: This is my way, that I am inviting you unto your Lord, Allah Almighty, with exact vision and perfect guidance which I am on as are they who completely follow me.»*

(Surat Yusuf, Verse 108)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

### SIGNS OF REAL FAITH

There are two kinds of Imān, faith. One is real and the other is imitative. The real brings light to the heart of a person; until then, he is only imitating faith. The signs of real faith are three. The first is the ability for listening to the tasbīh of all creatures, their paying praise and respects to their Lord. Qur'ān says that there is nothing in existence without tasbīh, even inanimate objects. Once the Prophet, *salla llāhu 'alayhi wa sallam*, took a handful of stones and held them up so that the Sahābah, his companions, might listen to their giving high respects. This was a miracle to give them real faith. The second sign is Allah's opening of his heart to the fountain of wisdom, to know the wisdom behind all things in existence, to know their purpose and position. Like the essence of the rose forms tiny drops on the surface of rose-water, he has Hikmat, wisdom, or the essence of knowledge. Thirdly, there are no more veils between him and Barzakh, the heavenly worlds. He may meet anyone from Barzakh without hinderance, the spirit of any Prophet or Saint. Until these three signs appear, know that you are still veiled and not open to the light of Imān. Allah says,



Mevlana Sheikh  
Nazim Adil al-Qubrusi an-Naqshbandi